



HEREFORD R.F.C.

## MINI & JUNIOR COACH DEVELOPMENT PLAN 2009/10

As part of the Whole Club Development Plan I have been employed to help support and develop coaches of all age groups. I have agreed with Malcolm Harris the following dates, which are based on the planned training dates (see attached), to enable me to get around to all age groups to observe your coaching session, deliver part of the session and offer you some feedback.

### PROCEDURE FOR SESSIONS

To get the most out of the session can all coaches in the week prior to my planned session send me their session plan for the session I will be attending (I am aware that sometimes we deliver the sessions 'off the cuff' but don't forget from your level 1 'failing to prepare is preparing to fail') this is to give me a starting point for what is to be delivered in that session. This aids me on three fronts, firstly I know what I'm observing, secondly I can adapt any input given to the specific session and thirdly the feedback I deliver can be more specific. I will try to remind you the week before about when I am coming.

The sessions plan, observations, input and feedback given will be written and signed by yourself and me for evidence and monitoring (of what I'm doing not you!)

Please don't forget I am being employed to support your coaching I am not looking to be over critical I'm looking to aid you in your development as a coach to make sessions enjoyable for you and your players alike. Any questions or problems you have in relation to your coaching don't hesitate to contact me.

Jim Shields

RFU/HRFC Community Rugby Coach



COMMUNITY RUGBY



HEREFORD R.F.C.

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MINI & JUNIOR COACH DEVELOPMENT  
OBSERVATION, INPUT AND FEEDBACK FORM

Notes on session observations:-

Input given:-

Feedback:-



**HEREFORD R.F.C.**

Coach signature:-

CRC signature:-